

Press-Info

DECHEN SHAK-DAGSAY - the tibetan voice **10 YEARS** authentic Tibetan Mantras

10 years of authentic Tibetan mantras at Polyglobe Music, Austria.
During the 10 years period of working with the Tibetan singer Dechen Shak-Dagsay an extensive and valuable collection of Tibetan mantras on CD has been produced and published. Additional a DVD series has been published, by Polyglobe Music, that shows the practices of traditional Tibetan body exercises for meditation and well being.

The sung mantras are old traditional lyrics from Tibet, as well as new lyrics, which have been written by the father of the singer – a high Tibetan Lama.

Under direction of the music producer Stefan Ackermann the well known authentic and spiritual style of this recordings has been created, which carries the wonderful voice of the singer into the hearts of her fans and making this recording to bestsellers worldwide.

For best sales in Switzerland the artist was awarded with a golden record by Polyglobe Music for the album "DEWA CHE".

Dr. Robert Thurman Jey Tsong Khapa,

"Dechen's voice is musically enchanting, magically entrancing, and conveys the mystic calm and clarity of wisdom and compassion. Her pure voice cuts through the veil of mental static and succeeds in a direct sharing of her deep sense of immanent peace and bliss, from heart to heart. It conveys the Dharma in all its brilliant reality."

Paulo Coelho - author of the bestseller "the Alchemist"

The first time I heard Dechen sing was in the catholic church of Melk in Austria. Dechen's voice transmits beautifully a message that reaches every heart no matter what their nature. With her peaceprayers for the world she manages to help us to discover our own source of love and compassion.

Awards:

GOLD – CD awarded for CD „Dewa Che“ in Switzerland

The CD "Tara Devi" wins the International Tibetan Music Award 2007

USA-Award 2006 for best european CD-production with „american taste“: tibetan mantras



Dechen Shak.Dagsay,



Goldaward for CD „Dewa Che“: (v.l.t.r)
Stefan Ackermann (Producer), Max Regli (Sales Dep.-CH),
Dechen Shak.Dagsay, Markus Heeb (Distribution -CH)

The CDs of DECHEN SHAK-DAGSAY

DEWA CHE

CD #: Polyglobe 19920

the healing power of tibetan mantras

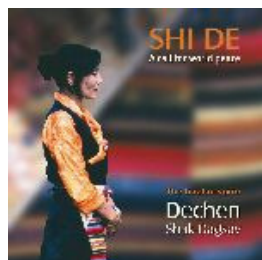


1. **Chenresi** Om Mani Padme Hum
2. **Men-lha** Medizin-Buddha-Mantra
3. **Lobön Rinpoche** Vajra-Guru-Mantra
4. **Dorje-Sempa** Vajra-Sattva-Mantra
5. **Öhpa-Me** Buddha-Amidaba-Mantra
6. **Tshe-Pak-Me** Amitayus-Langlebe-Mantra
7. **Dolma** Tara-Mantra
8. **Namgyel-Ma** Vijaya-Devi-Mantra
9. **Dcham-Päl-Yang** Manjushri-Weisheits-Mantra
10. **Tchu-Du** Fünf Elemente-Mantra
11. **Drip-Sel** Farbregenschauer-Reinigungs-Mantra

SHI DE

A call for world peace

CD #: Polyglobe 10222



1. **Sog Tshag Thse Kyong** Schutz der Tiere
2. **Dshung Wa Thog Sön** Gleichgewicht der Elemente
3. **Shi Wä Lam Kyöd** Gewaltlosigkeit und Toleranz
4. **Khor Youg Sung Kyob** Umweltschutz
5. **Mong Shen Dam Löd** Gefahr der verblendeten Hingabe
6. **Päl Yön Ngam Tshöd** Gerechte Verteilung der Schätze der Erde
7. **Tam Tshö Na Tsog** Religionen der Welt
8. **Dug Tsön Ka Gok** Eine waffenlose Welt

DCHAM SEM

Inner peace through the power of compassion

CD #: Polyglobe 10405



- 1 **DORJE SUM KYI NGAG** Die drei Vajras
- 2 **DROLMAE TOEPA** Lobpreisung an Tara
- 3 **DCHAM SEM MÖNLAM** Gebet für das große Mitgefühl
- 4 **CHENRESI KYI SUNG RING** Das lange Avalokiteshvara-Mantra
- 5 **MEN-LHA KYI SUNG RING** Das lange Medizin Buddha-Mantra
- 6 **SANGHE TSEN NGA** Buddha-Mantra
- 7 **NAMSE KYI TSEN NGAG** Das Wohlstands-Mantra
- 8 **DORJE SEMPAE YIG GYA** Das Vajra-Sattva Hundertsilben-Mantra

TARA DEVI

Inner journey towards happiness

CD #: Polyglobe 10601

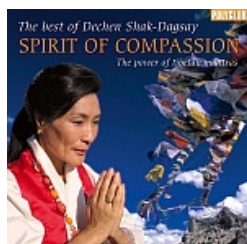


- 1 Zufluchtnahme zu den drei Juwelen - *Taking Refuge in the three Jewels.*
- 2 Erzeugung des Erleuchtungsgeistes - *Generation of the Bodhicitta mind*
- 3 Die Vier Unermesslichen - *The Four Unmeasureables*
- 4 Einladung der Tara - *Inviting Tara*
- 5 Niederwerfung - *Prostration*
- 6 Respektvolle Ehrung der 21 Taras - *Respectful Praise to the 21 Taras*
- 7 Die Sieben Glieder - *The Seven limbed Prayer*
- 8 Kurze Mandala Darbietung - *Offering of short Mandala*
- 9 Das Wunschgebet - *The requesting Prayer*
- 10 Die Widmung - *The Dedication*
- 11 Tara Devi

SPIRIT OF COMPASSION

The power of Tibetan Mantras - The best of Dechen Shak-Dagsay

CD #: Polyglobe 10821



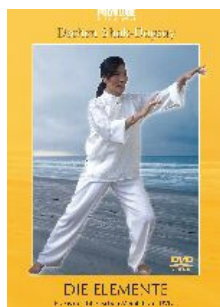
- 1 The prayer for the great compassion
- 2 Taking refuge in the three jewels
- 3 The long Vajra Sattva 100 syllable mantra
- 4 Care for the environment
- 5 Om mani padme hum
- 7 Long life mantra
- 8 The requesting prayer

POLYGLOBEMUSIC
good for harmony

The DVDs of DECHEN SHAK-DAGSAY

Die Elemente

DVD #: Polyglobe 40510



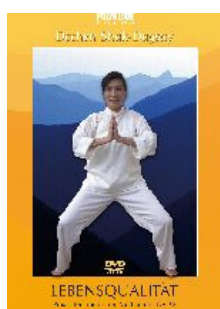
Praxis der Tibetischen Meditation - DVD 1

Die Elemente

The famous Tibetan singer Dechen Shak-Dagsay presents Tibetan meditation based on the book „Praxisbuch der Tibetischen Meditation“ by Rinpoche Lama Tulku Dagsay. The DVD consists of an introduction to Tibetan Meditation followed by several meditations and physical exercises to gather the **energy of the elements**. The exercises are presented in German.

Lebensqualität

DVD #: Polyglobe 40511



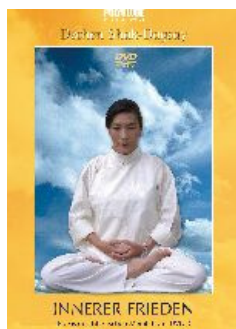
Praxis der Tibetischen Meditation - DVD 2

Lebensqualität

The second DVD of the famous Tibetan singer Dechen Shak-Dagsay focuses on the improvement of the mental and physical quality of life using the famous **Tibetan Lü Gom exercises**. The DVD consists of an introduction followed by meditations and the Lü Gom exercises shown and explained in a coherent way and repeated several times to make it easy to join. The exercises are presented in German.

Innerer Frieden

DVD #: Polyglobe 40512



Praxis der Tibetischen Meditation - DVD 3

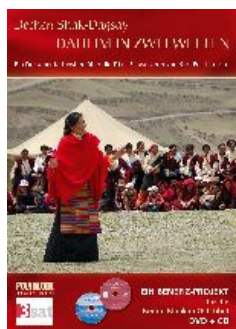
Lebensqualität

The third DVD of the series starring the famous Tibetan singer Dechen Shak-Dagsay is devoted to winning **inner peace**, the key for a long and happy life, according to the Tibetan belief. The DVD consists of an introduction to Tibetan Meditation, followed by several meditations and physical exercises shown and explained in a coherent way to make it easy to join. The exercises are presented in German.

DAHEIM IN ZWEI WELTEN

DVD #: Polyglobe 40710

Benefit Projekt DVD & Bonus-CD From each sold DVD EUR 2,- go to the Tsedön hospitalproject in East-Tibet (ca. CHF 3,20)



Das Tsedön hospital-project in East-Tibet

TV documentary about the social projects initialised by the famous Tibetan singer Dechen Shak-Dagsay. A Swiss camera team accompanies the artist to Tibet, to visit different social institutions founded by the singer's family..

POLYGLOBEMUSIC
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